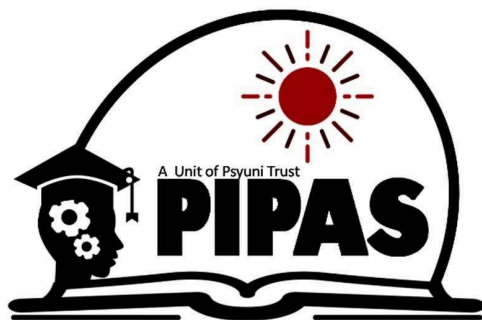


# **Certificate in Career Counselling**

## **Program Brochure**

### **2025-2026**



## **PSYUNI INSTITUTE OF PSYCHOLOGY AND ALLIED SCIENCES**

(A Initiative of Psyuni Trust)

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# Index

<b>S. No.</b>	<b>Courses</b>	<b>Page No.</b>
1.	Director's Message	2
2.	The Institute	3 - 4
3.	Application Procedure	5
4.	About the course	6 - 7
5.	Syllabus	8

## Dear Learners

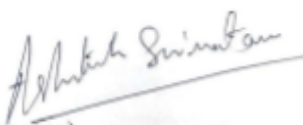
The Psyuni Institute of Psychology & Allied Sciences (PIPAS) is a non-profit autonomous institution that undertakes studies in various aspects of human psychology & behavior. It is established to build the corpus of research, analysis, and policy recommendations, and make contributions in a range of areas such as health, education, mental well-being.

PIPAS is guided by the underlying philosophy that the basic purpose of education is to create an enabling environment for people to develop their full potential, lead productive lives, exercise their choices, and participate in decision-making processes. Using the tools of intellectual inquiry, the Institute aspires to integrate quantitative and qualitative analyses with micro and macro-level policy initiatives towards restructuring the framework of governance for greater empowerment of the people. In a country like ours, what we lack is quality education. Education that is not limited to reading books and writing exams rather it is rooted deep in the experiences of people. The aim of education is to help people gain wisdom that contributes towards building this world a better place to live. We have taken great care while designing the courses that proper emphasis is given to theoretical as well as practical field-based knowledge.

Our curriculum embodies lectures from experts of fields and field practical under the supervision of renowned professionals. We ensure that the students get ample opportunities and guidance to learn the skills during the course. We hope this new field-based training approach shall contribute to the growth of the students.

Please find time to go through this information booklet carefully which will answer most of the doubts a prospective candidate would have before deciding to join PIPAS.

With best wishes

  
(Director)

## **Our Mission**

To promote the independence, productivity and inclusion of people and their families throughout the lifespan.

- interdisciplinary education
- research and development
- information sharing
- advocacy and outreach

## **Our Vision**

We are working toward a time when all persons in need have the necessary supports and services to live independent and contributing lives in the communities of their choice. Our vision for the future starts with the last person of the society and his family.

- Children and youth must be provided inclusive education experiences that help them prepare for the world they will face in adulthood.
- Educational programs must effectively address the long-term problems through prevention and intervention.
- The rights of people are honoured, respected, and protected in all areas of their lives.
- We will work actively to ensure that students who plan their future in human development related work will have access to interdisciplinary, research- based training experiences involving direct learning from people.
- PIPAS will promote and conduct research, development, and model demonstration efforts to continually improve state-of-the-art best practices and services.
- We will act as an accessible information resource, actively sharing our knowledge of resources and best practices with those who administer services and supports and those they serve.
- PIPAS staff will provide outreach services and consultation to agency staff to identify and resolve the challenges involved in promoting and achieving independence, productivity, and inclusion of people and their families throughout life.
- We will continue to work in conjunction with families and consumers, advocating for needed resources and services at all levels.
- PIPAS will remain proactive and progressive as we garner the resources that support our vision and expand the relationships that help us serve as a leader in critical areas of need.
- PIPAS will maintain an on-campus presence in a fully accessible facility that is convenient and comfortable for agency personnel and consumers to utilize as a resource for training and information sharing.

- We will seek the best available technology to ensure the optimal use of our resources and opportunities to model our successful use of technology to others.

## **Our Principles**

The following principles guide all our interactions:

- We convey esteem and respect for all individuals.
- We promote individual growth, learning, choices and self-advocacy.
- We advocate for support and full access in education, work, recreation and relationships throughout a person's community.
- We foster creativity, flexibility and collaboration.
- We cultivate both individual and organizational learning.
- We champion open and responsive communication.

## **Objective**

The course aims to train in-service teachers, teacher educators, and untrained guidance personnel as counselors/teacher counselors to guide and counsel students in school and other related settings.

## **Application Procedure**

Candidates can apply by following the Institute's Admissions Policy which requires applications to be made in writing by submitting a Course Application Form along with an A4 page detailing their reasons for wishing to attend the course. A personal interview will be required prior to being offered the course. Candidates will need to show they have the basic qualities and potential that would enable them to become a responsible and capable counsellor. They will also need to demonstrate interpersonal skills and a willingness to participate in the experiential work of the group.

At the application process, candidates who are offered the course will be required to complete a Learning Support Form, to identify any special learning needs they may have. PIPAS can then determine whether appropriate and sufficient reasonable adjustments can be provided to create a suitably supportive learning environment, without which the offer may need to be withdrawn.

# Certificate in Career Counselling

Increasingly individuals are becoming aware of the needs for counselling and its positive benefits. Counselling, at its best, can help an individual to change the course of their life. That is why, here at PIPAS we not only believe that it is crucial to offer the best training, but also that in the process of training, students become more aware of their strengths, weaknesses, and past problems.

An enjoyable and creative atmosphere facilitates experiential learning among students. PIPAS focuses more on out-of-the-class room study. The core model of this course is integrative. The holistic approach of the course emphasizes the need for the integration of thinking, feeling and behaviour together with awareness of the social and cultural contexts of counselling and its implementation in response to ground situations. An emphasis on the therapeutic relationship and empowerment of the client are always seen as core to the process of therapeutic change and we encourage our students to develop their own style of counselling within the core integrative model being offered.

During the course, students are introduced to Counselling Skills and have expertise in career development theory, counselling techniques, administration and interpretation of assessments, and career information resources. Throughout the course, the student will experience the process of counselling, both as a counsellor and as a client and having undertaken an extensive practical placement working with clients, the student can become a fully equipped counsellor by attaining a certificate in career counselling.

During the training period, students will have a rich learning experience as they will be taught by different tutors all of whom are qualified counselors practicing in a variety of therapeutic approaches. The course is mostly experiential; taught in a creative, challenging, and interactive way throughout. The teaching team considers professional practice to be a key component of counselling training and to be the future success of all qualified counselors. Emphasis is also placed on students assuming self- responsibility in their general approach to their learning experience and meeting coursework requirements.

## Duration and Phasing

The course is for a period of Three Months year, spread over three phases as given below:

- Phase I      Guided Self-learning 1 months (Part time)
- Phase II     Intensive Practicum 1 months (Face-to-Face/Video Conferencing)
- Phase III    Internship 1 months (in Hometown)

## Medium of Instruction

The medium of instruction for the course is English. Therefore, proficiency in written and spoken English will be required.

## Course Fee

Course fee to be paid by different categories of candidates before commencement of the course is:

Category	Course Fee
Application Fees	INR 500
Indians & South Asian Candidates	INR 3500/ Month
Candidates from Rest of the World	USD 100/ Month
<b>Total Seats</b>	15 Seats

## Minimum Qualification

Graduation from a recognized College or University

### Desirable Qualification required.

- Any Graduate



# Syllabus

## **Unit 1 Career Analysis based on Psychometric theories.**

1. Introduction to Career Counselling
2. Process of Career Counselling
3. Psychometric theories
4. Career personality Analysis
5. Career interest Analysis
6. Learning style Analysis

## **Unit 2 Theories of career development**

1. Career development theories
2. Frank Parsons Trait and Factor Theory
3. Holland theory of vocational types
4. Bandura's social cognitive theory
5. Super's developmental self-concept theory
6. Krumboltz social learning

## **Unit 3 Career development in different setting**

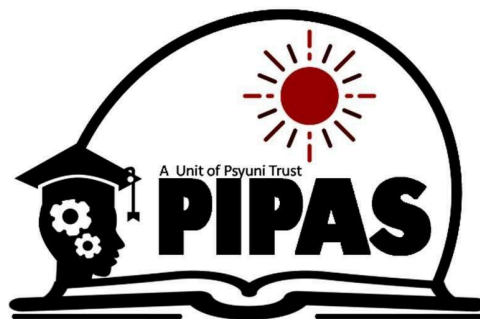
1. Training and Development
2. Career development through lifespan
3. Career development in social context
4. Women and Career development
5. Professional development of career counselling

## **Unit 4 Multiple dimensions career analysis**

1. Core methodology for multiple dimensions career analysis
2. Identification of most suitable career path
3. Career Scenario
4. Career clusters and career paths analysis

## **Unit 5 Career Assessment Tools**

1. Importance of career assessment
2. Scientific methodology used behind the assessments.
3. How to administer the assessment.



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